Kjersten J Skjold

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EDUCATION

Doctor of Physical Therapy University of North Dakota, Grand Forks, ND

Bachelor of Science in Exercise Science Cornerstone University, Grand Rapids, MI Magna Cum Laud

CLINICAL AFFILIATIONS

Unity Medical Center- Physical Therapy Rural Outpatient Orthopedic, Grafton, ND

Eventide at Sheyenne Crossings Sub-Acute Rehabilitation, West Fargo, ND

WORK EXPERIENCE

2 add

Physical Therapy Aide

Anderson & Balser Physical Therapy, Nevada City, CA

- > Performed physical therapy modalities such as ultrasound, electrical stimulation, hot/cold packs & exercise programs.
- D Aided office staff with secretarial duties including billing, physical therapy documentation & patient scheduling.
- P Instructed patients in exercise programs designed by the physical therapist.

Activities Assistant

Rosewood Post-Acute Rehab, Carmicheal, CA

- > Prepared and facilitated group activities for patients and residents.
- Participated in 1:1 resident activity sessions.
- 2 Documented electronic daily activity notes.

Athletic Trainer's Intern

Cornerstone University, Grand Rapids, MI

- Completed athletic/fitness testing for all CU athletes.
- Designed and lead circuit training sessions for CU athletic teams.
- Executed max lift testing for CU athletes to monitor the progress of current lifting protocols.

Bernice Hanson Athletic Center Supervisor

Cornerstone University, Grand Rapids, MI

- Provided a safe and healthy exercise environment.
- Accommodated various requests concerning hours, safety, and fitness inquiries.
- P Assisted CU students and staff with the use of equipment and safety protocols.

September 11'- March '12

January '09-May '10

January '10-May '10

August '13-October '13

March'12-July'12

May 2015 (Anticipated) Current GPA: 3.8/4.0

December 2010

GPA: 3.76/4.0

October '13- December '13