

Kjersten J. Skjold

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EDUCATION

Doctor of Physical Therapy

University of North Dakota, Grand Forks, ND

May 2015 (*Anticipated*)

Current GPA: 3.85/4.0

Bachelor of Science in Exercise Science

Cornerstone University, Grand Rapids, MI
Magna Cum Laud

December 2010

GPA: 3.76/4.0

CLINICAL EXPERIENCES

Altru Hospital

Inpatient acute care, Grand Forks, ND

June 20-21, 2014

- A forty hour clinical experience focusing on performing physical therapy evaluations and providing physical therapy intervention for geriatric patients in the acute care setting.

Eventide at Sheyenne Crossings

Sub-Acute Rehabilitation, West Fargo, ND

October - December 2013

- Provided physical therapy treatment for patients in a transitional care setting with mostly orthopedic and cardiovascular conditions.
- Designed physical therapy intervention programs for patients with general debility in the nursing home.
- Gained experience working with patients who had an array of cognitive disabilities due to Alzheimer's and chemical dependency

Unity Medical Center- Physical Therapy

Rural Outpatient Orthopedic, Grafton, ND

August -October 2013

- Treated a caseload of 8-10 patients per day with mostly orthopedic diagnoses by the third week of the clinical experience.
- Assessed, monitored and designed treatment protocols for patients participating in cardiac rehabilitation.
- Provided physical therapy treatment for patients with acute conditions affecting multiple systems of the body in the inpatient setting.

Altru Rehabilitation

Neuro Rehab, Grand Forks, ND

March 28-30 2013

- A twenty four hour observation/hands-on experience in preparation for clinical experiences in the fall.
- Completed general physical therapy evaluation techniques such as MMT, goniometry, circumferential measurements, and vital signs.
- Provided physical therapy interventions such as therapeutic activity, therapeutic exercise, gait training and neuromuscular re-education.

WORK EXPERIENCE

Physical Therapy Aide

Anderson & Balser Physical Therapy, Nevada City, CA

March -July 2012

- Performed physical therapy modalities such as ultrasound, electrical stimulation, hot/cold packs & exercise programs.
- Aided office staff with secretarial duties including billing, physical therapy documentation & patient scheduling.
- Instructed patients in exercise programs designed by the physical therapist.

Activities Assistant

Rosewood Post-Acute Rehab, Carmicheal, CA

September 2011- March 2012

- Designed and facilitated group exercise program.
- Prepared and facilitated group activities for patients and residents.
- Participated in 1:1 resident activity sessions.